Shared Decision Making

Aspirations and lessons learned (so far) from the NHCCC – Shared Decision Making Task Force

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Tonight’s Agenda

1. Why?
2. What?
3. How?
4. Help!
The NH CCC Cancer Control Plan is action-oriented with an emphasis on policy, systems and environmental change, and with special attention to health equity.

Implementation is organized around distinct Task Forces related to specific cross-cutting themes.

In year 1 of the Plan, these will be Equity, Shared Decision-Making, and Patient-Centeredness.
**Task Force Objective:** Increase access to informed and shared decision making for cancer screenings (and ultimately all aspects of cancer care)

Starting with Why?

When patients and their families have good information about procedures, treatments and therapies, they make good decisions - decisions that reflect their values and preferences... and it tends to cost society less in healthcare spending
Current State of Shared Decision Making in Cancer Screenings

• Depending on type of cancer screening (breast, colorectal, prostate) 51-67% of discussions with healthcare provider addressed benefits, but only 7-14% explained risks

• Only 27-38% of participants reported a shared decision making experience

• Providing patients with decision aids increases knowledge and involvement in decision making and decreases decisional conflict

• Health providers likely need more training in shared decision making as well as tools such as decision aids to help facilitate discussions
What?

Informed Choice

Values and Preferences

Unbiased medical information - DATA
What is Informed Choice?

An informed choice is a high quality decision made by a patient that takes two important factors into consideration: knowledge and values. In order to make an informed choice, the patient must be given unbiased medical information, and allowed to consider their personal values and preferences for their own care.
Shared Decision Making

Patient considering data

Provider considering options

Provider and patient discussion
What is Shared Decision Making?

Shared decision making (SDM) is a collaborative process that allows patients and their providers to make health care treatment decisions together, taking into account the best scientific evidence available, as well as the patient’s values and preferences.
TF Goals for Cancer Screening

• Patients (and healthcare professionals) should have access to a “library” of trusted decision aids (printed, video and web-based)

• Patients should have access to a healthcare professional that will help explain the myriad of information available

• Patients should have the opportunity to participate in informed and shared decision making around cancer screening
How? Our Key Strategies

1. Convene a panel of experts to review and select evidenced-based – Cancer Screening Decision Aids that NHCCC can endorse and make available to NH residents

2. Facilitate state-wide Shared Decision Making training opportunities (face-to-face and on-line modules with CME credit) for health professionals to increase the capacity for patients to experience shared decision making (initially for cancer screening, but ultimately for all cancer-related decision making).

3. Message to patients and families the importance of informed and shared decision making, so that they insist on it.

4. Advocate to insurers and self-funded employers the value of providing reimbursement for Shared Decision Making consultations with a trained health professional.
Strategy #3

Message to patients and families the importance of informed and shared decision making, so that they insist on it.

We need your feedback
Question?

Lung Cancer and Prostate Screening are new or somewhat controversial, so they require SDM, right? ... but, what about the “no-brainers” like colorectal or breast cancer screening?
Help! Resources...

• What’s enough? “Resources” can be overwhelming and a barrier to implementation – what is NH CCC’s role in identifying and making available SDM aids?
Help! Capacity...

- **Who’s best to facilitate SDM?** Provider time, competing priorities and “working at the top of the license” have been identified as barriers to implementation.
Help! Sustainability...

- **How is this sustainable?** Can practices get paid for this?
Help! Measures/Indicators

• Existing BRFSS (Healthy People 2020) PSA pros and cons measures
• Proposed CAHPS shared decision making patient survey questions and composite measures
• Measure how many unique NH consumers access decision aids “library” via the NHCCC website (count the unique “hits”)
• Measure how many NH providers have participated in a SDM training experience/module
• Number of payers who cover SDM consultations for cancer screening
To Get Involved with
NHCCC – Shared Decision Making Task Force

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